

OCCULT CHECKLIST

Please check the practices you or previous generations have participated in.

(This list was compiled from the public information available at <https://christianconnection.co/healing-a-deliverance/occultic-checklist>)

- ☐ • **Abstract art** - Under hallucinogenic stimulus- art produced while under the influence of drugs.
- ☐ • **Acupuncture** - Treatment used in both Traditional and Classical Chinese Medicine. Acupuncture is based on the principle that there are energetic pathways, or channels, throughout the body that influence associated internal organs and structures. Energy from these pathways surfaces at various points on the body, identified as acupuncture points. Each of these acupuncture points serves as a tunnel, or access route, to the deeper circulatory channels within. Acupuncture is based on the occult system of Taoism often called Yin / Yang , Chi or Ki, and is supposed by the occultists and new age enthusiasts to be a common force that flows through the universe.
- ☐ • **Amulets** - Tigers claw, sharks tooth, horseshoe over door, mascots, talisman – objects believed to have magical powers.
- ☐ • **Angel Numbers or Cards**
- ☐ • **Ankh** - A cross with a ring top used in satanic rites. This symbol originated in Egypt and symbolizes reincarnation. Egyptians were pagans and worshipped many gods like the sun-god Amen-Rah, and the pagan sun-trinity: Osiris, Isis and Horus. The ankh and the common cross were both used equally in ancient pagan sun-worship.
- ☐ • **Apport** - Paranormal transference of an article from one place to another.
- ☐ • **Ayurveda** - A Hindu system of traditional medicine native to India and a form of alternative medicine.
- ☐ • **Astral travel** - This is defined as an out of body experience where your spiritual body is believed to leave your physical body and travel within the spiritual dimension.
- ☐ • **Astrology** (Fortune telling using divination based on influence of the position of the sun, moon, stars and planets upon individuals and upon the course of human affairs)
- ☐ • **Augury** - Fortune telling by interpreting signs or omens.

- ☐ • **Aura reading** - An aura is a coloured glow surrounding a person. This can be seen in person or in a photograph. Different colours have different meanings. Readers look at your spiritual energy system: the layers of your aura, your energy channels, chakras, etc.
- ☐ • **Automatic writing** - Words written while in a trance, directed by a spirit, also called Psychography.
- ☐ • **Birth signs/star signs/Zodiac** - Astrological signs represent twelve equal segments or divisions of the zodiac. Predict a person's personality based on positions of sun, moon, stars and other planets at the time of birth. In astronomy, the zodiac is the ring of constellations that lines the ecliptic, which is the apparent path of the Sun across the celestial sphere over the course of the year.
- ☐ • **Black arts** - The belief in magical spells that harness occult forces or evil spirits to produce unnatural effects in the world.
- ☐ • **Birthstones** - Birth stones are related to various months, each with their own meaning and 'power'. Medieval astrology believes different stones pertaining to an individuals birthdate in relation to the planetary alignment of horoscopes can be considered a good omen, or likely to lead to success. In light of this the roots of birthstones are occult in origin). **** *This does not mean that you can't have jewellery with stones or ornaments as they are Gods natural creation. I personally have heaps of jewellery with stones that are merely just ornamental. I also have lots of stones (pretty ones) and pebbles around my home as ornaments too (as well as shells). As long as you don't keep or buy a stone that was given or purchased in relation to the occult beliefs it is fine. I would pray over them and renounce any such occult beliefs declaring that it is just an ornament or jewellery piece with no powers whatsoever. I would also renounce any prayers that may have been said over the item too and command any demonic power to go in Jesus name.*
- ☐ • **Black magic** - The belief in magical spells that harness occult forces or evil spirits to produce unnatural effects in the world.
- ☐ • **Black mass** - Celebrated worship in honor of satan.
- ☐ • **Blood Letting** - Removal of blood to cure or prevent illness or disease. The blood was believed to be a humor that needed to be in it's proper balance to maintain health. A humor is the theory that an excess or deficiency of any of the four bodily fluids (blood, phlegm, yellow bile and black bile) causes disease.

☐ • **Blood pacts** - A very serious and legally binding pact between two or more parties in which blood from each party is placed onto the bottom of the pact next to the signature of each of the parties involved. Amendments to the pact cannot happen without the presence of all former parties present.

☐ • **Books** - Anything occultic and New Age – yoga, mediums, wicca, white magic, spells, spiritualism, etc.....

☐ • **Bowen Therapy** - A technique that involves gentle soft tissue manipulation. Therapists use their thumbs or fingers to make subtle rolling maneuvers. Bowen therapy aims to trigger a healing response from the body in which it can better cure itself. During a session, practitioners occasionally leave the treatment room, with the aim to allow the patient's body to absorb messages that have been transmitted by the practitioner via bodywork.

☐ • **Cartomancy** - Fortune-telling or divination using a deck of cards.

☐ • **Chain letters** - A message that advises the recipient to make a number of copies of the letter and then pass them on to as many recipients as possible. Common methods used in chain letters include emotionally manipulative stories, get-rich-quickly pyramid schemes, and the exploitation of superstition to threaten the recipient with bad luck or even physical violence or death if he or she "breaks the chain" and refuses to adhere to the conditions set out in the letter.

☐ • **Chakra cleansing** - A chakra is defined as a wheel, or vortex of energy. There are seven primary chakras that flow through a human's energetic system. The chakras have been called "windows to the soul" this is because they provide humans with subtle connections into soul consciousness. It is through the seven energy centers that vitality pulses throughout the human system energizing many physical, emotional and mental states. By removing blockages within the chakras through meditation and visualization, you are able to remove blockages within your lives).

*******The word chakra is a new age terminology which originated in India. The Bible talks about gates and doors which we can open and allow the King of Glory in. These doors and gates do allow the breath of life into our spirits, souls and physical bodies but any blockage we may have in these doors or gates should only be cleansed through the word, prayer, Blood of Jesus, living water, etc.**

☐ • **Channeling** - Occurs when someone permits a spirit entity to possess him or her for new age healing purposes. The spirits may perform psychic diagnosis or healing through a healer, or they may speak through the person's vocal chords in order to give spiritual, medical, and other teaching.

☐ • **Charmer** - To fascinate, hypnotize, cast spells.

- ☐ • **Charms** - The chanting of a magic word or verse; incantation – as simple as wart removal.
- ☐ • **Chinese astrology** - Chinese astrology is based on the traditional astronomy and calendars. It does not calculate the positions of the sun. The Chinese Zodiac, known as Sheng Xiao in Chinese, is based on a twelve year cycle, each year in that cycle related to an animal sign.
- ☐ • **Chinese Birth chart** - Chinese Birth Chart is an ancient prediction calendar to predict a gender of unborn baby. It was invented near Beijing about 700 years ago. The gender chart calculation is based on mother's age at conception and conception month.
- ☐ • **Chiropractor** - Chiropractic as a profession is defined by the subluxation theory, the belief that disease is caused by impaired nerve flow. A system of diagnosis and treatment that is based upon the concept that the nervous system coordinates all of the body's functions and holds that disease. Chiropractors work to manipulate the spine with their hands to realign the vertebrae and relieve the pressure on the nerves. Rooted in Eastern Mysticism and founded by Daniel David Palmer (1845-1913), who was a Freemason & an occultist after saying he received it from "the other world". Palmer maintained that the tenets of chiropractic were passed along to him by a doctor who had died 50 years previously. David Palmer, believed that maladjusted or displaced vertebra pressed on nerves, interfering with the flow of 'Innate Intelligence' and resulting in defective function and poor health which could be alleviated by chiropractic adjustment. Chiropractors think that by adjusting the misalignments they can thereby restore the nerve signals and cure health problems. Palmer considered intelligent energy to be conveying information among various body parts. Palmer called this vital energy "innate intelligence" and claimed it was connected to a Universal Intelligence.

What are subluxations? There is an orthopedic subluxation and a chiropractic subluxation. An orthopedic subluxation is a painful partial dislocation. Simple misalignment of a vertebra, also referred to as a "subluxation," is commonly caused by disc degeneration, curvatures, spondylolysis, and structural abnormalities. Such a subluxation may or may not be mechanically symptomatic and can be seen on a plain x-ray image. In the absence of pathology such as disc herniation or osteophyte formation, these common vertebral subluxations or misalignments rarely affect spinal nerves and have never been associated with organic disease.

A chiropractic subluxation (without x-ray confirmation) is a mysterious, undetectable and asymptomatic chiropractic "vertebral subluxation complex" alleged to be a cause of disease. Some chiropractors claim to be able to locate these elusive subluxations by using surface electromyography, thermography, vibratory instruments, leg length checks, or by palpating the spine. Unable to provide evidence that commonly occurring vertebral misalignment can cause organic disease, advocates of the subluxation theory have reasoned that there must be some other type of joint dysfunction that can affect general health. They have chosen, by consensus, to call this undetectable lesion a "vertebral subluxation complex," which "embraces the holistic nature of the human body.)

******Important note: - Many modern Chiropractors have removed themselves from the spiritual concepts that Palmer incorporated in his spinal adjustments for health. If a chiropractor has removed themselves from treating "vertebral subluxation processes" based on the innate force and the holistic nature of the human body which is the spiritual philosophy behind the practice then Chiropractic treatment can be applied simply for physical adjustments on the spine, tight muscles etc in much the same way as a physiotherapist. It is important for one to know what their Chiropractor believes and practices. It is also documented that the thrusting movements involved with physical adjustments can be very dangerous as some who have had this treatment ending up paralysed as a result.*

- ☐ • **Clairaudience** - Ability to hear voices and sounds super-normally - spirited voices alleging to be those of dead people giving advice or warnings.
- ☐ • **Clairsentience** - A form of extra-sensory perception wherein a person acquires psychic knowledge primarily by feeling.
- ☐ • **Clairvoyance** - Ability to see objects or events spontaneously or super-normally above their normal range of vision - second sight, also called psychic sight.
- ☐ • **Colour therapy** - Colour Therapy claims to balance and enhance our body's energy centres/chakras by using the colours of the light spectrum, applied to the body, which can help to stimulate the body's own healing process. Various methods such as a light box with a filter of the required colour, meditation, coloured silks applied directly to the skin, solarised water from coloured containers, colour breathing - breathing in the rainbow and affirming each colour and what each colour stands for, with positive affirmations
- ☐ • **Concept therapy** - Concerns itself with changing faulty concepts in the consciousness. It is a method of using a positive state of mind to help "innate intelligence" heal the body, thus making any chiropractic technique more effective. Its founder taught that once you know the "great secret" taught in Concept Therapy, you can make any technique work.

- ☐ • **Conjuration** - In traditional and most contemporary usage refers to a magical act of invoking spirits or using incantations or charms to cast magical spells. In the context of legerdemain, it may also refer to the performance of illusion or magic tricks for show.
- ☐ • **Consulter of familiar spirits** - One who has direct fellowship and communication with demons who pretend to be spirit guides, guardian angels, dead people etc.....
- ☐ • **Cosmology** - The study of the physical universe considered as a totality of phenomena in time and space, including big bang theory.
- ☐ • **Coven** - A community of witches.
- ☐ • **Creative visualization** - Creative visualization is a mental technique that uses the imagination to make dreams and goals come true. By visualizing a certain event, situation, or an object, such as a car, a house, furniture etc., you attract it into your life. It is a process that is similar to daydreaming. It is the process of the power of thoughts and natural mental laws.
- ☐ • **Crystal ball gazing** - Fortune telling by means of gazing into mirrors, crystals, etc..
- ☐ • **Crystals** - Many regard them to possess mystical power that can be utilized for healing purposes.
- ☐ • **Death magic** - Where the name of the sickness plus a written spell is cast into coffin or grave.
- ☐ • **Demon worship**
- ☐ • **Disembodied spirits** - Any supernatural being that can become visible (or audible) to human beings.
- ☐ • **Divination** - The art, practice, or gift of discerning or discovering future events or unknown things, as though by supernatural powers.
- ☐ • **Dowsing or witching** for water, minerals, under-ground cables, finding out the sex of unborn child using divining rod, pendulum, twig or planchette.
- ☐ • **Dream Catcher** - Hung above the bed, it is used as a charm to protect sleeping children from nightmares.
- ☐ • **Dream interpretation** - Using a supernatural gift other than the from the Holy Spirit and the Bible.

- ☐ • **Dungeons and Dragons** - Fantasy role playing game. For Christians, a scriptural problem is the fact that Dungeons and Dragons violates the commandment of **I Ths.5:22 "Abstain from all appearance of evil"**. The materials themselves, in many cases, contain authentic magical rituals which were verified from a high priest witch.
- ☐ • **Ectoplasm** - Stuff that allegedly oozes from ghosts or spirits and makes it possible for them to materialise and perform feats of telekinesis, such as lifting tables in the dark. In the heyday of séances—the 19th and early 20th centuries—ectoplasm oozed from various orifices of mediums.
- ☐ • **Enchanter** - A sorcerer or magician.
- ☐ • **E.S.P.** - Extra sensory perception - Involves reception of information not gained through the recognised physical senses but sensed with the mind.
- ☐ • **Findhorn Community** - Belief: The principles of both inner listening and co-creation with nature are set within the context of being of service to the world. Through changing our consciousness, by listening to our inner source of wisdom, and by co-creating with nature, we can bring about the positive and sustainable changes so needed in our world.
- ☐ • **Familiar Spirits/Spirit Guides** - According to theosophical doctrine spirit guides are not always of human descent, however the term can also refer to totems, angels, guardian angels or nature spirits. These spirits are used by mediums and witches, which proclaim a knowledge or insight of future events or outcomes. The word familiar is from the Latin familiaris, meaning a "household servant," and is intended to express the idea that sorcerers had spirits as their servants ready to obey their commands.
- ☐ • **Floating trumpets** - Things that would materialize at a séance.
- ☐ • **Fortune telling** - Divination: the art or gift of prophecy (or the pretense of prophecy) by supernatural means.
- ☐ • **Feng Shui** - The Chinese art or practice of positioning objects, especially graves, buildings, and furniture, based on a belief in patterns of yin and yang and the flow of chi that have positive and negative effects.
- ☐ • **Gargoyles** - A carved stone grotesque, usually made of granite, with a spout designed to convey water from a roof and away from the side of a building thereby preventing rainwater from running down masonry walls and eroding the mortar between. Gargoyles are said to scare off and protect from any evil or harmful spirits.
- ☐ • **Gnostic** - A member of any sect of certain sects among the early Christians who claimed to have superior knowledge of spiritual matters and explained the world as created by powers or agencies arising as emanations from the Godhead.

- ☐ • **Gothic rock music** - Gothic rock (also referred to as goth rock or simply goth) is a musical subgenre of post-punk and alternative rock that formed during the late 1970s.
- ☐ • **Gurus** - In Hinduism and Buddhism, A spiritual teacher, especially one who imparts initiation.
- ☐ • **Gypsy curses**
- ☐ • **Hallucinogenic drugs** - cocaine, heroin, marijuana, sniffing glue, etc.
- ☐ • **Handwriting analysis** for fortune telling.
- ☐ • **Heavy/Death Metal Music**
- ☐ • **Hepatoscopy** - Form of divination in which the practitioner studies the entrails of a sacrificed animal, particularly the liver.
- ☐ • **Hex signs** (hexagrams) - A design usually in the shape of a star, wheel, or rosette on a circular field. Formerly, hex signs were painted on barns, esp. by the Pennsylvania Dutch, and were thought to ward off evil.
- ☐ • **Hinduism** - A body of religious and philosophical beliefs and cultural practices native to India and based on a caste system; it is characterized by a belief in reincarnation, by a belief in a supreme being of many forms and natures, by the view that opposing theories are aspects of one eternal truth, and by a desire for liberation from earthly evils.
- ☐ • **Holistic pulsing** - Rocking, stretching and lengthening techniques are applied. As the body's inner flow is amplified by constant movement, so too are the energy blocks. Areas where the flow of movement stops or changes may indicate tension or blockages due to injury, trauma, or habitual holding patterns. Depending on your intention agreed at the start of the session, these may be explored and released through inner awareness, spontaneous movement, breath, and sound. The resulting insight and awareness is a catalyst for true healing.
- ☐ • **Horoscopes** - A forecast of a person's future, typically including a delineation of character and circumstances, based on the relative positions of the stars and planets at the time of that person's birth.
- ☐ • **Hydromancy** - Divination by means of signs derived from the appearance of water and its movement.

- ☐ • **Hypnosis** - The induction of a state of consciousness in which a person apparently loses the power of voluntary action and is highly responsive to suggestion or direction. Its use in therapy, typically to recover suppressed memories or to allow modification of behavior by suggestion.
- ☐ • **Idols** - An image or representation of a god used as an object of worship or a person or thing that is greatly admired, loved, or revered.
- ☐ • **Incantations** - A series of words said as a magic spell or charm.
- ☐ • **Incubus** - A demon assuming the male sex to have sexual intercourse with woman.
- ☐ • **Incense** - Incense burning is used as a form of worship or offering to a God, Goddess or Deity. People burned incense to the Lord throughout the bible as a form of worship to Him. Other religions also burn incense to their gods. A lot of New Age practices also use incense as a cleansing practice to remove negative energy. Because it is used as a sacred practice exercise caution not to burn incense simply to fragrance a room, or for any other purpose, except during worship and praise to God through Jesus Christ.
- ☐ • **Inner voice dictation** - One of many forms of channeling in which “the person hears a voice speaking mentally, and he or she consciously writes out the material.
- ☐ • **Iridology** - A form of alternative medicine involving the diagnosis of body ailments through the examination of the iris of the human eye.
- ☐ • **Japanese flower arranging** - The structure of a Japanese flower arrangement is based on a scalene triangle delineated by three main points, usually twigs, considered in some schools to symbolize heaven, earth, and man and in others sun, moon, and earth. The container is a key element of the composition, and various styles of pottery may be used in their construction. The truth about the origin of Ikebana is unidentified. But when the Buddhism reached Japan in the 7th century, it is thought to have come to Japan as part of Buddhist practice. The offering of flowers on the altar in honor of Buddha was part of worship. Ikebana evolved from the Buddhist ritual of offering flowers to the spirits of the dead.
- ☐ • **Kabbala** - A body of mystical teachings of rabbinical origin, often based on an esoteric interpretation of the Hebrew Scriptures. A secret doctrine resembling these teachings) - (Occult based interpretation of the Old Testament.

- ☐ • **Karma** - Karma is a word from the philosophy of many Indian religions (Hinduism, Buddhism, Jainism, Sikhism). The basic theory is that the universe runs according to certain laws. The basic theory is: 'cause and affect', e.g. if you do something good, something good will happen to you, and vice versa. A good part of karma is also based on reaping good or bad things in accordance with your previous life and the next life to come. This goes against Christian principles.
- ☐ • **Levitation** - The phenomenon of a person or thing rising into the air by apparently supernatural means.
- ☐ • **Lucky charms** - Believed to bring you good luck.
- ☐ • **Magic** - Not sleight of hand but using supernatural power.
- ☐ • **Mantras** - Originally in Hinduism and Buddhism - A sacred verbal formula repeated in prayer, meditation, or incantation, such as an invocation of a god, a magic spell, or a syllable or portion of scripture containing mystical potentialities.
- ☐ • **Martial arts** (Aikido, Judo, Karate, Kung fu, Tae Kwan Do, Tai Chi etc - These are referred to as "Arts" because they are not merely combat-techniques but are also an expression of an Eastern "spiritual" philosophy. As individuals practice these disciplines, such instructors would expect them to come into harmony with the supposed "laws" of this "spiritual" realm. All of these philosophies assume that the universe is itself "divine" and that this "divinity" also permeates and indwells each human being. Man was originally created to have a personal relationship with his Creator and was never intended to be self-sufficient. Man's authority and power can, therefore, be derived only through a close dependence upon his Creator and never from any element or substance within himself.
- ☐ • **Mediums** - A practice in which a person claims to be an intermediary between the physical world and the spiritual world. They use a familiar spirit which aides them to do this. A familiar spirit is a guardian spirit and is demonic.
- ☐ • **Medicine Man** - A male shaman or shamanistic healer, especially among Native American peoples.

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 - **Meditation** - The activities, outcomes, and objectives associated with meditation, such as engaging in a daily meditative routine, experiencing altered states of consciousness, manifesting psychic abilities, awakening kundalini energy, and establishing contact with spirits, all fall under the broader umbrella of occult practices, outcomes, and objectives. These pursuits collectively align with the broader scope of the occult world. Meditation is a practice of concentrated focus upon a sound, object, visualization, the breath, movement, or attention itself in order to increase awareness of the present moment, reduce stress, promote relaxation, and enhance personal and spiritual growth. Opens mind to demonic spirits. The concept of meditation involves 'clearing the mind' so that you can become more 'introspective' or 'self-aware'. Introspective means to look inside yourself for the solutions to life. The Bible says we need to look to Christ and His word for the solutions to life. Meditation on scripture or Christ is wonderful!
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 - **Mental telepathy** - Communication from one mind to another without using sensory perceptions.
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 - **Mesmerism** - Sometimes called Animal magnetism, this is based on the concept of 'magnetic fluid' being channeled through the laying on of hands. The belief is that the sun, moon, and fixed stars mutually affect each other in their orbits; that they cause and direct in our earth a flux and reflux not only in the sea, but in the atmosphere, and affect in a similar manner all organized bodies through the medium of a subtle and mobile fluid, which pervades the universe and associates all things together in mutual intercourse and harmony, and this, in turn, could heal the sick and cure the blind.
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 - **Metaphysics** - Study of spirit world - The Definition of Metaphysics is often given as "the philosophical study of that which cannot be perceived with the five physical human senses. The term meta means "above" and physics refers to the "physical" in Latin. Therefore, literally translated metaphysics means "above what is physical." More generally, metaphysics is a branch of philosophy that investigates reality, existence and knowledge from a mystical point of view.
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 - **Mind control** - Mind control is a process of either unconscious or intentional change of an individual's behavior, thought, and emotional patterns through subtle, deceptive, and damaging means by unethical spiritual leaders who hold positions of trust and authority over them.

- ☐ • **Mind Dynamics** - The art of using your subconscious mind to obtain complete control over your destiny. It can involve Neuro Linguistic Programming, time line and hypnosis. NLP is a discipline that among other things attempts to influence the subconscious mind and affect positive change by consciously using positive words to refocus on the things within one's control. Time Line Therapy is a reprogramming process that releases the effects of negative experiences and helps a person let go of past influences). In regard to NLP (Neuro-linguistic Programming) this works with reprogramming the mind. Anything other than Jesus Christ and His word to transform our minds becomes mind control.
- ☐ • **Mind mediumship** - A form of communication with spirits.
- ☐ • **Mind reading** - Where a person "sees" what is in another person's mind. Mind reading is also called telepathy.
- ☐ • **Moon-mancy** - Beliefs involving doing certain things in conjunction with the moon.
- ☐ • **Motorskopua** - Mechanical pendulum for diagnosing illness.
- ☐ • **Mysticism** - The knowledge of, and especially the personal experience of, states of consciousness, i.e. levels of being, beyond normal human perception, including experience of and even communion with a supreme being.
- ☐ • **Necromancy** (Involves communication with the deceased – either by summoning their spirit as an apparition or raising them bodily – for the purpose of divination, imparting the means to foretell future events or discover hidden knowledge)
- ☐ • **Numerology** (The branch of knowledge that deals with the occult significance of numbers)
- ☐ • **Observer of times/soothsayer** – To to divineth from the appearance of clouds or stars to foretell future events etc...
- ☐ • **Occultic games** (Computer, board game etc, such as Ouija boards, Dungeons and Dragons, World of Warcraft)
- ☐ • **Occult letters of protection** (Also known as the Ritual Circle. In the occult a circle always represents a boundary of power. If you see a symbol enclosed in a circle, more times than not it is a symbol of the occult. It is a common practice for those who claim to have outer body experiences to draw a circle around their bodies before leaving so that nothing else can enter it while they are away)
- ☐ • **Occult Books.* Such books should be burned, regardless of cost.**
- ☐ • **Omens** (An observable event or action pertaining to the future)

- ☐ • **Oracle** (A shrine where an oracular god is consulted, then prophecy (usually obscure or allegorical) revealed by a priest or priestess; believed to be infallible)
- ☐ • **Ouija boards** (A board used as a focus point in communicating with the spirit realm).
- ☐ • **Paganism** (Celebrates the Earth, living creatures, nature, and so on. It means she or he follows an earth or nature religion, one that sees the divine manifest in all creation. Paganism is polytheistic as the ancient romans and Greeks which teaches many or no gods. Paganism does not have one main religious text or set of beliefs to follow. Some pagans believe in Jesus as one of the gods, but do not put significance in Him as Christians do. Paganism is neither Christian, Jew or Muslim)
- ☐ • **Pagan fetishes** (objects charged with magical powers and carried about as a means of protection or luck)
- ☐ • **Pagan religious objects**, artifacts and relics
- ☐ • **Pagan rites** (Voodoo (West Indies) Sing Sings (New Guinea) Corroborees (Aust. Aborigines) fire walking (Fiji, India) Umbahada and Macumba (Brazil) etc.' Also visits to shows by Iri Geller or Matthew Manning demonstrating psychic powers)
- ☐ • **Palmistry** (The art or practice of supposedly interpreting a person's character or predicting their future by examining the lines and other features of the hand, esp. the palm and fingers)
- ☐ • **Pk/ Parakineses** (Control of objects by the power of the mind and will)
- ☐ • **Parapsychology** (PS) (The use of scientific methods to study paranormal psychological phenomena, such as extra-sensory perception, psychokinesis, and survival of consciousness after death)
- ☐ • **Passing through the fire** (Children sacrificed to Molech by fire – death)
- ☐ • **Pendulum diagnosis** (Diving rod, crystal or any object hung from a string used as a means for seeking answers or hypnosis etc) (If this has been used for seeking the sex of a baby, break all negative affects and soul ties over the child)
- ☐ • **Pharmakeia** ([click here](#))

- ☐ • **Phrenology** (The science which studies the relationships between a person's character and the morphology of the skull. Science which endeavors to read a person's character from the shape and particularly the peaks and valleys of the skull. It was begun by Franz Joseph Gall (1758-1828). Closely related is the science Physiognomy (Greek for nature and interpreter), an effort to understand the mind and personality by evaluating various facial traits as the nose, eyes, chin and cheekbone shape; in short, judging people by their faces)
- ☐ • **Planchette** (A triangular board supported on casters; when lightly touched with the fingertips it is supposed to spell out supernatural (or unconscious) messages)
- ☐ • **Polarity Therapy** (Polarity therapy involves balancing the flow of energy in the body to improve or maintain health. It was developed by the chiropractor and osteopath Randolph Stone. It is also known as polarity balancing and polarity energy balancing. It is influenced by the concepts of energy flow used in Ayurvedic medicine and traditional Chinese medicine, but differs from those types of medicine in regard to it's theory that positive and negative energy charges in the body's electromagnetic energy field govern the flow of energy. There are a number of techniques used in Polarity Therapy including bodywork and stretching exercises, to balance energy flow and restore health to the body).
- ☐ • **Precognition** (Knowledge of something in advance of its occurrence, especially by extrasensory perception)
- ☐ • **Psychic** (Sensitive to influence or forces of non-physical or supernatural nature-mediums, fortune tellers etc)
- ☐ • **Psychic healing** (A person who cures mental or physical illness from the Universal Life Energy emanating through the healer's hands)
- ☐ • **Psychic surgery** (Without the use of a surgical instrument, a practitioner will press the tips of his/her fingers against the patient's skin in the area to be treated. The practitioner's hands appear to penetrate into the patient's body painlessly and blood seems to flow. The practitioner will then show organic matter or foreign objects apparently removed from the patient's body, clean the area, and then end the procedure with the patient's skin showing no wounds or scars)
- ☐ • **Psychoanalysis** (A system of psychological theory and therapy that aims to treat mental disorders by investigating the interaction of conscious and unconscious elements in the mind and bringing repressed fears and conflicts into the conscious mind by techniques such as dream interpretation and free association)
- ☐ • **Psychokinesis** (The ability to move objects by mental effort alone)

☐ • **Psychometry** (Obtaining information or telling fortunes by lifting or holding object belonging to the enquirer)

☐ • **Punk rock music**

☐ • **Pyramidology** (Mystic powers associated with models of pyramids)

☐ • **Rebirthing** (a form of psychotherapy in which the subject supposedly 'relives' the experience of being born, in order to confront and overcome traumas and anxieties stemming from birth)

☐ • **Reflexology** (This was discovered around 1913 by Dr. William Fitzgerald who introduced zone therapy to the US. His method was based on Chinese acupressure. Reflexology practitioners claim the existence of ten zones running from the hands and feet corresponding to the internal organs. The therapy involves a massaging of the hand or foot corresponding to the internal organ, with the resultant relaxation or relief of pain of the associated internal organ. Supposedly, it works because there are energy channels running from the hands and feet through to the inner organs of the body. When pressure is applied to these points, calcified deposits ("crystals") are crushed and removed from the body, resulting in better blood flow. This is a new age belief, also known as monism, the idea that all is one (or pantheism, the idea that God and the universe are inseparable). This idea has its origins in the Chinese notions of yin and yang, and the five elements theory. Basically, these are saying that the Ch'i (also written Qi) or universal life force can flow properly once these calcified deposits are removed)

☐ • **Reincarnation** (The rebirth of a soul in a new body)

☐ • **Reiki** (Reiki practitioners believe that everyone has the potential to access the universal life energy, but that over time most people's systems become blocked and the energy becomes weakened in them. A reiki practitioner is trained to be able to detect these blockages, and practitioners will use their hands, thoughts, and own energy fields to improve the energy flow in a patient *Quantum Healing bank - Energy field above ones head and can be used by oneself or another, and can be stored and later drawn upon.

☐ • **Rhodomancy** (Divination for water or mineral ore by means of a rod or wand; dowsing; divining)

☐ • **Satanism** (Devil worship)

☐ • **Seances** (A meeting at which people attempt to make contact with the dead, esp. through the agency of a medium)

- ☐ • **Self hypnosis** (Self-Hypnosis is a naturally occurring state of mind which can be defined as a heightened state of focused concentration (trance), with the willingness to follow instructions (suggestibility).

- ☐ • **Shape shifting** (This is a person who can shapeshift with the help of demons. I believe this is spiritual and done using astral cords, mind control etc.....This is because they allow a demon or even satan himself to enter them. Calling a shifter a "Were" also works because it can be short for werewolf or, weretiger, werefox, werecoyote, or whatever their particular phenotype is. It implies that they have the ability to change their shape, usually into an animal form. There are three types; Lycanthropes, Therianthropes, and Polymorphs. Lycanthropes: They can become a full-fledged four-legged wolf, or a werewolf. Therianthropes: People who transform themselves into other animal forms. Therianthropes include the weretigers, werefoxes, werebears, and so on and so forth. Polymorphs: They can appear as a mixed hybrid of all their phenotypes combined into one. An example of a polymorph would be a person who could shift into a creature that is part human, tiger, and eagle).

- ☐ • **Significant pagan days** (The Pagan and Wiccan holidays are based upon agricultural and astronomical markers, such as solstices, equinoxes and planting/harvest dates. Some of them are the same each year, and others tend to change, based upon the earth's rotation)

- ☐ • **Sorcery/Sorcerer** (The use of magic, hidden arts, spells, enchanter with drugs)

- ☐ • **Spells** (A form of words used as a magical charm or incantation)

- ☐ • **Spirit knockings or rappings** (Poltergeist activity with knocking noises and moving objects)

- ☐ • **Stichomancy** (Fortune telling from random reference to books- the practice of Stichomancy is at least 3000 years old. You open to a random page of randomly selected book , to find an excerpt that applies to what you seek)

- ☐ • **Stigmata** - occultic types (Stigmata itself is bodily marks, sores, or sensations of pain in locations corresponding to the crucifixion wounds of Jesus, such as the hands and feet. In some cases, rope marks on the wrists have accompanied the wounds on the hands. The term originates from the line at the end of Saint Paul's Letter to the Galatians where he says, "I bear on my body the marks of Jesus." *Occultic stigmata - Bodily stigmata have been reported in a number of religious traditions.Among the Warao of the Orinoco Delta, a contemplator of tutelary spirits may mystically induce the development of "openings in the palms of his hands." These tutelary spirits are presented by the "itiriti snake," which makes for a close analogue with the Seraph who endowed Francis of Assisi with his stigmata. Buddhist "stigmata" are regularly indicated in Buddhist art.

- ☐ • **Succubus** (A demon assuming the female sex to have sexual intercourse with men)

- ☐ • **Supernatural healer** - (Any supernatural healing other than Jesus Christ as the source)
- ☐ • **Superstitions** (A belief, practice, or rite irrationally maintained by ignorance of the laws of nature or by faith in magic or chance)
- ☐ • **Table tipping** (Table tipping or table turning is a type of séance in which participants sit around a table, place their hands on it, and wait for rotations. The table was purportedly made to serve as a means of communicating with the spirits; the alphabet would be slowly called over and the table would tilt at the appropriate letter, thus spelling out words and sentences)
- ☐ • **Tachyon Energy Healing** (Tachyon energy is speculated to be the creative and sustaining force of all life, which requires a certain balance of energy to sustain itself. The name was coined in 1967 by Gerald Feinberg a Physicist who speculated that tachyons were particles that travel faster than light. Feinberg himself was identified as a Columbia professor whose “main interests are elementary particles and quantum field theory. Mainstream science believes faster-than-light particles cannot exist because they are not consistent with the known laws of physics. Christianity recognises this energy that was discovered to be our creator God Who is Jesus Christ. We understand that the only true way to achieve supernatural healing through this energy is by praying using the name and power of Jesus Christ. Quantum scientists and New Age healers however have not discovered this truth and have gone on to create ways of healing using this energy. There are all kinds of products claiming to harness this tachyon energy such as headbands, stones, crystals and even water which claim to heal your body into alignment using the energy field. There are practitioners also claiming to work with this energy through their own hands as a facilitator as well as machines which use electromagnetic frequencies)
- ☐ • **Talking to the Animals** (An individual can place a spirit within an animal so they can communicate with it telepathically. They may use it for spying purposes to watch what it is ‘seeing’ by using divination. A spirit may already be in an animal unknowingly and the individual believes they can read the animals mind)
- ☐ • **Talisman** (An object marked with magic signs and believed to confer on its bearer supernatural powers or protection)
- ☐ • **Tarot cards and Angel cards** (Picture cards for fortune telling)
- ☐ • **Tea-leaf reading** (Tasseography (also known as tasseomancy or tassology) is a divination or fortune-telling method that interprets patterns in tea leaves, coffee grounds or wine sediments)

- ☐ • **Temples** (A building devoted to the worship, or regarded as the dwelling place, of a god or gods or other objects of religious reverence)
- ☐ • **Thought transference** – Telepathy (Defined as the transference of thoughts from the Mind of one person to the Mind of another person, or several other people) *****The Holy Spirit showed me that reading people's minds is when a demonic spirit speaks into one person's mind whilst also speaking into the other persons at the same time. It is demonic communication***
- ☐ • **Tk -telekinesees** (The ability to move objects at a distance by mental power or other nonphysical means)
- ☐ • **TM -Transcendental Meditation** (A technique for detaching oneself from anxiety and promoting harmony and self-realization by meditation and repetition of a mantra) *You will need to repent /renounce mantra (actual words if possible) and declare 'Jesus Christ is Lord of my mind'. I cover my mind with the Blood of Christ. Repent also of allowing the enemy to teach you how to control your mind. *Break all mantras, mind control and command every demon involved to leave in Jesus name*
- ☐ • **Trances** (A half-conscious state characterized by an absence of response to external stimuli, typically as induced by hypnosis or entered by a medium)
- ☐ • **Transference** (Process of an indwelling spirit leaving one body and entering another)
- ☐ • **Transmigration** (The passing of a soul into another body after death –reincarnation, but also the belief that dead people can return to earth as an insect or animal)
- ☐ • **UFO fixation** (A group of people who believe in extra terrestrial beings from other planets, including visitations)
- ☐ • **Warlock** (A male version of a witch, wizard, magician or conjurer)
- ☐ • **White magic** (It is the using the force of witchcraft for reasons of light as opposed to negative reasons)
- ☐ • **Witch** (A male or female who uses occultic powers to accomplish what they consider is good or evil)

- ☐ • **Worship dead** - Ancestral worship (ancestral worship is that the departed ones don't die, even though their human bodies fail -- they continue living in the invisible "Kingdom of the Dead," from which they are often able to influence events which occur within the world. That's why many families provide food, awamori, and on certain occasions, kabijin (money-like paper) at the family tomb or family altar in honor of their departed ancestors)

- ☐ • **Wicca** (Wicca is the largest of the Neopagan religions. Wiccans have great reverence for the Earth and for their Goddess and her consort, the horned God. Their main rule of behavior is the Wiccan Rede which forbids them from harming people, including themselves, except in some cases of self-defense)

- ☐ • **Witchcraft** (The practice of magic, esp. black magic; the use of spells and the invocation of spirits)

- ☐ • **Wizard** (A man who has magical powers)

- ☐ • **Yin and Yang** (Two forces in the universe, according to Chinese theory. Yin is the passive, feminine, negative force, and yang, the active, masculine positive force. According to this theory, maintaining a balance between Yin and Yang results in perfect health of body, mind and soul)

- ☐ • **Yoga** (A Hindu spiritual and ascetic discipline, a part of which, including breath control, simple meditation, and the adoption of specific bodily postures, is widely practiced for health and relaxation. There are many different kinds of yoga. Kundalini Yoga is the awakening or release of the latent female energy believed to lie coiled at the base of the spine. The origins of yoga is pagan. Yoga stems from the Vedas - the Indian holy texts that were composed from around 1900BC. Besides yoga, three major religions came from those texts - Hinduism, Jainism and Buddhism. The goal of the stretches, exercises, and mental techniques of yoga is to connect you with a false 'god' or 'energy', or to discover that you are really god ('god is everything'). The agenda behind New Age beliefs is to get people's focus off the true God and back on themselves (or another false god or belief system). The word 'yoga' literally means 'to join' or 'to unite', and it is connected with a sense of 'being' or 'deity'. In yoga there are many different deities linked with the practice that you could join or unite with).

- ☐ • **Zodiac charms** (Look for birth signs in bracelets, pendants, necklaces etc...)